

What You Need to Know

Watch for Spiking

Spiking isn't always obvious – many substances have no taste, smell, or colour.

If you suddenly feel strange (confused, dizzy, sick, unusually drunk, loss of control), tell bar staff, a trusted friend, or security straight away.

Don't try to leave alone – get someone you trust to stay with you until help arrives.

Keep Your Drink Close

Never leave your drink unattended – keep it with you at all times.

Watch it being poured if someone buys it for you.

Don't accept open drinks from strangers.

Think about using a drink cover – small, discreet, and an extra layer of safety.

Ask For Angela

If you feel unsafe, vulnerable, or uncomfortable, head to the bar and “Ask for Angela.”

Staff will discreetly help you – from calling a taxi to getting security involved.

Be a Good Friend

Don't leave mates behind – go out together, leave together.

If someone's had too much, **help them get home safely.**

A good night out means looking after each other.

Police Support at Night

Extra patrols around bars and clubs.

Venues trained to spot and respond to spiking.

Door staff ready to act if you feel unsafe.

If You Need Help

In an emergency, **call 999.**

For non-urgent issues, call 101 or use Live Chat on the police website.

Protect Your Stuff

Keep **valuables zipped up** and out of sight.

Don't wave your phone around in the street.

Safe Taxis Only

Use **licensed taxis** or trusted apps.

Check the driver's ID and reg plate before you get in.

Share your trip details with a friend.

Streetsafe Tool

Report places where you feel unsafe via Streetsafe on Derbyshire Constabulary's website.

Anonymous highlight issues like poor lighting or unsafe areas.

Apps to Help You Out

Hollic Guard or **bSafe** – personal safety apps that share your location.

WhatsApp and **ride-share apps** also allow you to share your journey live.

Good Nights Out Start with Getting Home Safe.

Enjoy the party season – stay smart, stay safe, and look out for each other.



Good Nights Out Start with Getting Home Safe

Derbyshire Neighbourhood Watch are working with Derbyshire Constabulary to keep you safe this party season. The festive season is here – nights out, big celebrations, and time with friends. But longer nights, busy venues, and too many drinks can bring risks.

This guide gives you the smartest ways to enjoy your night and get home safely.

Because a great night out should end with you back where you belong.

